

Model Cities Annual Report 2010





Model Cities Programs and Services

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Model Cities targets individuals and families who are generally considered to be “high risk” in terms of socio-economic issues, educational attainment, and poor or inadequate housing. Because of the complexity of the issues facing this target population, Model Cities has always integrated case-management within its service delivery system. Programs and services are designed to strengthen and stabilize the family in a way that minimizes intimidation and acknowledges cultural diversity.

Our purpose and goal is to provide services that result in successful youth, strong and stable families, and healthy communities.

Housing Services

Model Cities Housing Services provides permanent supportive housing and home based case management services to families that have experienced homelessness. Families are provided with a decent, safe place to live and raise their children. Residents participating in Model Cities’ supportive housing programs receive comprehensive services including case management, chemical and mental health services, primary health care, educational services and employment services. In 2010 Model Cities provided housing and case management services for over 75 families totaling 260 individuals.

Services are offered to program participants individually and in workshop settings:

- ◆ Child development education;
- ◆ Parenting support;

Sankofa program Participant



- ◆ Independent living skills building;
- ◆ Career planning;
- ◆ Employment readiness; and
- ◆ Financial literacy.

Families First Supportive Housing

Families First Supportive Housing provides permanent housing with case management services for up to 37 families at a time. Families First serves single parent families that need support for chemical dependency, mental health or other disabilities. The goals of the program include increasing greater self determination, with a focus on mental, physical and chemical health concerns; and increasing participants’ marketable skills and income. The Case Managers assist these families by finding resources, making referrals, and ensuring access to services.

Sankofa Supportive Housing

Sankofa Supportive Housing provides permanent housing with case management services for up to 15 families at a time. The program serves homeless youth and young adults (ages of 17-25) who are pregnant or parenting an infant child. Its goal is to reduce repeated episodes of homelessness, and help young parents live healthy, productive, and self sufficient lives. Key strategies used to address this goal among participants focus on increasing their self determination, job readiness skills, and parenting skills.

Model Cities of St. Paul, Inc
Model Cities Community
Development Corporation
Model Cities Properties
Model Cities Enterprises
Model Cities Families First, LLC
Model Cities Sankofa, LLC
MCASA, LLC

Cover Artwork
Model Cities BROWNstone
Peter Kramer, Principal
Roarke Kramer Kosowski Design



Volunteers from Ecolab display the knit wear they created for Sankofa mothers and children

The ROOF Project –Model Cities participates as a partner in the Wilder Foundation’s ROOF Project. This collaboration secures transitional housing and provides supportive services to homeless families. The goal of this program is to stabilize these families’ incomes through stable housing and employment. Included among the services are employment readiness workshops, financial literacy workshops, mental health support, educational advocates for the children, and case management services. Model Cities serves 30 families.

Family Support Services

Through Model Cities Family Support Services individuals and families in crisis are provided comprehensive targeted case management services to help them rebuild their lives. In 2010, 883 families throughout Ramsey County participated in one or more of the following programs:

- **Families First Crisis Intervention (FFCI)** ~ a short-term intensive services that remediate immediate crises in the home through crisis assistance and home-based family therapy.
- **Adult Crisis Intervention (ACI)** ~ short-term case management support and services for vulnerable adults and elderly individuals.
- **Family Assessment Response (FAR) and Family Community Partnership** ~ case management and immediate relief to families in need of counseling and support with basic needs.
- **Children’s Mental Health Case Management (CMH)** ~ individualized, community-based coordination of care for children diagnosed with Severe Emotional Disorders (SED).
- **Youth Enrichment Services (YES)** ~multi-disciplinary academic enrichment program serving high risk youth between the ages of 13 and 18 years old.

Each of these programs includes intensive case management and in-home therapeutic services for each family. Each of these services are geared toward strengthening the family unit while giving them essential tools to obtain and maintain self-sufficiency and family stability.

Families First Crisis Intervention, Family Assessment Response and Family Community Partnership helped families cope with and respond to crisis situations. This is done by providing the family with counseling and support as well as financial assistance to help them meet their basic needs. Adult Crisis Intervention addresses issues of abuse and neglect with our vulnerable adults and have implemented prevention methods so these episodes are far and few. Children’s Mental Health provides individualized, community-based care coordination for children diagnosed with Severe Emotional Disorders (SED). Model Cities’ case managers are trained to assist families develop treatment plans, access respite care and other support. These case managers also assist parents in advocating for their child’s mental health needs.

All these specialized programs are put in place to help vulnerable individuals and families in need to rebuild their lives.



Community coaches in the Evening Learning Center

Youth Enrichment Services (Y.E.S)

Model Cities Youth Enrichment Services (YES) provides academic enrichment and social skills development for youth ages 13-18. YES adds stability to the lives of the young people and enriches their cultural and social exposures. Youth are also involved in activities that prepare them for post secondary education. Homework assistance, college preparatory workshops, tours of Minnesota colleges and universities are among the activities designed to improve their academic performance and expand their desire to pursue post secondary education. Community service projects are also included among the YES activities to develop and build their civic interests and responsibility. During summer months, the youth are involved in a variety of social and recreational activities as well as job readiness and etiquette training. In 2010 YES served 125 youth, many of whom lacked stable home environments.

Juvenile Detention Alternative Initiative (JDAI)

In 2010, the Juvenile Detention Alternative Initiative (JDAI), a program of Ramsey County Community Corrections, completed a 2-year pilot. JDAI is a community-based program that serves as alternative to detention of juvenile offenders who would otherwise be incarcerated. As of 2010 there were 74 youth that were served. The program includes two major components: Community Coaches and Evening Learning Center.

The Community Coaches component includes community leaders who are trained to provide short-term, one-on-one supervision to the youth. The coaches maintain close contact on a daily basis ensuring that the youth to minimize the risk of the youth re-offending and improve the likelihood of their successful completion of their probation.

The Evening Learning Center (ELC) which served 51 youth in 2010, is a structured academic enrichment and social skills building program. The ELC develops skills in anger management, productive problem solving skills, conflict resolution and healthy living. The youth are also exposed to various cultural and social activities off site.

Model Cities
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Human services

mission:

to carry out culturally sensitive services that promote the physical, mental, spiritual, social and economic well-being of individuals, families and communities

Community development

mission:

to carry out community-based development that improves the quality of life and contributes to the revitalization of urban communities



2010 Consolidated Financial Profile

For the year ended December 31, 2010

Financial Position

Assets

Cash and Cash Equivalents	\$582,518
Investment Securities	21,579
Receivables	224,073
Property and Equipment (net)	6,946,936
Other Assets	58,890
Total Assets	\$7,833,996

Liabilities & Net Assets

Mortgage & Note Payables	\$5,479,295
Accounts Payable	47,651
Security Deposits & Other Accrued	265,207
Total Liabilities	5,792,153

Noncontrolling Interest \$101,582

Net Assets

Unrestricted Net Assets	1,583,316
Temporarily Restricted	356,945
Permanently Restricted	0
Total Net Assets	1,940,261

Total Liabilities and Net Assets **\$7,833,996**

Statement of Activities

Support & Revenue

Government Agencies	\$1,160,521
Foundations & Corporations	335,190
United Way	396,203
Earned Income	722,044
Interest and Other Income	29,109

Total Support and Revenue **\$2,643,067**

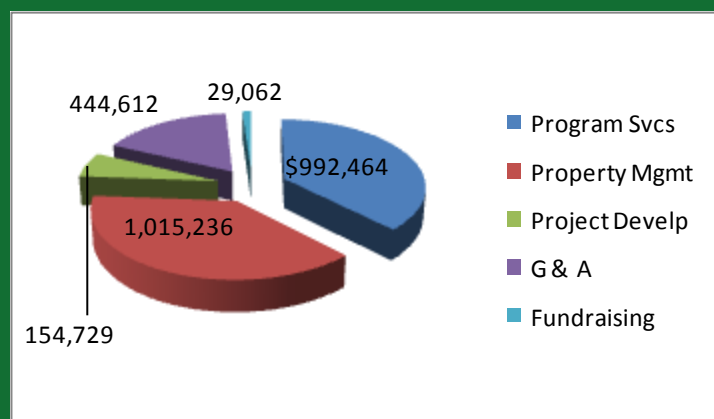
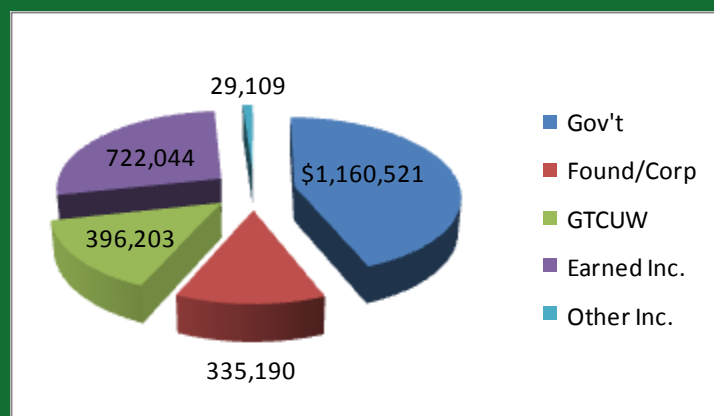
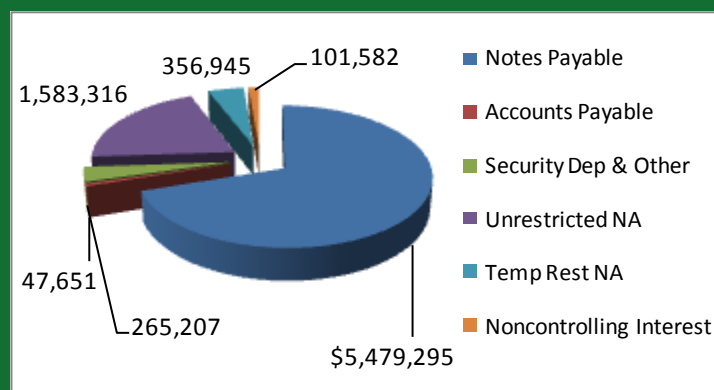
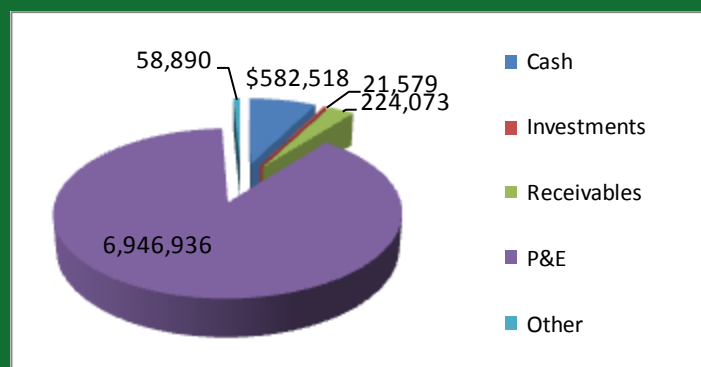
Expenses

Program & Client Services	\$992,464
Property and Facility Management	1,015,236
Economic & Project Development	154,729
Management and General	444,612
Fundraising	29,062

Total Expenses **\$2,636,103**

Increase In Net Assets **6,964**

Net Assets, Beginning of Year	\$2,034,879
Net Assets, End of Year	\$2,041,843



2010 Contributors

Corporations and Foundations

Carl and Eloise Pohlada Family Foundation
Ecolab Customer Service
Emil and Emily Slowinski Foundation
Federal Home Loan Bank
Greater Twin Cities United Way
Larkin Hoffman Daly & Lindgren Foundation
Local Initiatives Support Corporation
McDonald's Franchise Food Systems
Sauer Children's Renew Foundation
The Home Depot
The Saint Paul Foundation
The Scoular Foundation
The Scoular Company
United Way of San Diego
Wells Fargo
Western Bank
Western Insurance Agency
Wilder Foundation-ROOF Project
Wuollet Bakery, Inc.

Organizations

Camphor Memorial United Methodist Church
Camphor United Methodist Women
Drum Major Bldg. Inc.
Family Housing Fund
Hands on Twin Cities (Impact Now Volunteers)
House of Hope Presbyterian Church
Liberty Diversified International
PNC Institutional Investment
Unity Church-Unitarian

Government

City of St. Paul
Metropolitan Council
Minnesota Department of Health

Minnesota Housing
Ramsey County Community Human Services
Ramsey County Community Corrections
US Department of Housing and Urban Development

Individuals

Ms. Alicia Davis-Neal
Ms. Andrea Specht
Ms. April Preston
Ms. Arnellia Allen
Dr. Arthur (M.D.) and Mrs. Martha Kaemmer
Mr. Anthony Russell
Ms. Babette Jamison
Ms. Barbara Jeanetta
Mr. Dennis Prchal
Dr. Beverley Oliver Hawkins, Ph.D
Ms. Bonita Jellinek
Ms. Brenda Bolar-Ford
Ms. Carol Morrison
Ms. Carli Stark
Ms. Cynthia Lewis
Mr. David Heitzman
Rev. Don and Dr. Carol Hargate, Ph.D
Mr. Donald Allen
Ms. Ellen Hart-Shegos
Ms. Erika Doerr
Mr. Francis Green
Mr. Gafu Guye
Mr. George Stone
Mr. Gilbert Marty
Ms. Gillian Onyango
Rev. Gloria Roach Thomas
Dr. Grace Warren-Omorogbe, DDS
Ms. Hannah Diment
Mr. Houa Xiong
Mr. Jabari Barner
Mr. Jamar Esaw
Ms. Janet Howard
Ms. Janis Jones
Mr. Joel Weisberg
Mr. Jeremy Allen
Mr. Jeron Kemper
Mr. John and Mrs. Karyn Diehl
Ms. Judith Aminmentse
Ms. Karen King
Ms. Karen Snedeker
Ms. Keshia Green
Mr. Kevin Johnson
Ms. Kizzy Downie
Ms. Lobsang Lhamo
Mr. Louis and Mrs. Brenda Henry
Ms. Lynn Kedrok
Ms. Marvaleen Atlas
Ms. Marcella Navarro
Ms. Marcia Marek
Ms. Martina Boone
Ms. Mary Helen Cellander
Ms. Mikaela Haertl
Mr. Nathaniel Abdul-Khaliq and Ms. Victoria Davis
Mr. Nene Matey-Keke
Dr. Pearl Barner, Ph. D
Ms. Pedro Ramos
Dr. Peter (Ph.D.) and Mrs. Bonnie Kramer
Mr. Rickey Hall
Mr. Robert and Mrs. Brenda Bailey
Mr. Robert Martin and Ms. Ann Bedford
Ms. Romala Ohneswere
Ms. Sarah Kopp
Ms. Shawntera Hardy
Ms. Sherie Swanson
Mr. Steve Landberg
Ms. Tamara Moore
Ms. Thelma Hobson
Ms. Valerie Sutphen
Ms. Wesley Griffin
Mr. William Flanigan and Ms. Nancy Zingale
Mr. Walter Ta
Ms. Yumi Kayama

Please sign up for our online newsletter on our website at www.modelcities.org
To receive more information and learn about our programs email us at
info@modelcities.org